



Multiple Sclerosis Care at Home



Trinity
Homecare
Supporting life's journeys

What is multiple sclerosis (MS)?

Multiple Sclerosis is a lifelong condition that impacts the central nervous system (CNS) including the brain, nerves and spinal cord. Research suggests that MS is an immune-mediated disorder that causes the immune system to incorrectly attack healthy tissue within the CNS.

What are the stages of MS?

MS starts to take effect on an individual when the body's immune system attacks its own tissues. This malfunction in the immune system destroys the myelin within the body (the fatty substance that coats and protects nerve fibres within the brain and spinal cord).

MS attacks can develop slowly over days to weeks or happen suddenly, often getting mistaken for a stroke. Because of this, the first signs between individuals with MS are never alike. The severity of the initial symptoms can range from mild to severe and differ between cases.

Clinically isolated syndrome (CIS)

The first and most common episode of MS symptoms that people experience, causing inflammation to the myelin sheaths.

Relapsing-remitting MS (RRMS)

Leads to MS attacks with new and worsening symptoms, after each attack the symptoms improve or disappear until the next relapse.

Primary progressive MS (PPMS)

Less common than RRMS, most commonly occurring after the age of 40 years. Symptoms begin to gradually worsen over time with little distinction between recovery or remissions.

Secondary progressive MS (SPMS)

After a person has lived with RRMS for many years, the disease may eventually progress to SPMS in which symptoms become more severe without any further distinction between attacks and remission.

Can you live a normal life with MS?

With the right care and support, you can live a long, happy and fulfilling life when living with Multiple Sclerosis. Participating in exercise, staying active, and finding the right help to reduce progression, manage symptoms and speed up recovery from remissions can have a hugely positive impact on your lifestyle.

What is the best care for MS?

Many people with a diagnosis of MS are of a young age, this leads to huge dissatisfaction at the thought of moving into a care home or residential setting. Homecare allows you to receive compassionate care in the safety, comfort and familiarity of your home so you can continue living life the way you choose.

How does live-in care help?

- Full-time care in the comfort of your home
- 'Outstanding' rated care, so you know you're in safe hands
- One-to-one support with your daily routine
- Support with personal care such as washing, dressing and any continence care (if required)
- Someone to prepare your favourite nutritious meals
- Confidence that medication is taken at the right times of day
- Someone to accompany you to medical appointments or social outings
- Companionship, friendship and reassurance
- Someone to enjoy your hobbies, activities and crafts with
- Someone to take care of the housekeeping and ensure your home is clean and comfortable
- Safety – live-in care results in fewer falls and less dangerous injuries and hospital admissions than a care home
- Better value for money than a care home
- Our private carers help you stay at home with your partner and loved ones
- Support, peace of mind, and advice for you and your loved ones
- A new lease of life

Talk to us today

At Trinity Homecare, our ultimate goal is to enrich your lifestyle in the comfort and familiarity of your own home. This allows you to live the independent lifestyle that you love without the daunting thought of moving into a care home. We are here to support you with various different forms of live-in care.

Call us now on **0207 183 4884** in confidence for a free no obligation quotation.

Support from Trinity Homecare

At Trinity Homecare, we have been providing our high-quality live-in care service trusted by families across England for over 25 years.

Our multi award-winning care is focused on enabling independence and enriching lives, so that people can stay safely and happily in the comfort of their own home and avoid a disruptive move into a care home.

Families benefit from reassurance and peace of mind that their loved one is receiving the very best care provided by a dedicated team of carers.

Here are a few reasons as to why our clients choose Trinity Homecare:

Live-in care rated 'Outstanding'



Our established service is regulated by the Care Quality Commission (CQC) in England and has achieved the highest 'Outstanding' rating for the quality of care we provide. Only 4% of home care companies in England have achieved this rating.

This means that you can be assured that you are receiving the very highest standards of care at home.

A responsive and flexible service



We appreciate that circumstances may mean you need to put care in place quickly. Our expert care team can set up live-in care in as little as 24 hours, sometimes sooner.

We will work with you and your family to ensure you have the right care team in place exactly when you need it.

A trusted homecare service



We know how important trust is when choosing a live in care provider.

Many of our families, who trust us to provide high quality care to their loved ones, have happily shared their experiences of our service on the rate and review websites like homecare.co.uk, giving us a 5 star rating.

Continuity of care



We have a dedicated team of carers some of whom have been working for Trinity for many years. This means they are committed to us, as we are to them which means they stay with us longer.

For families this means that you get continuity and consistency of carers supporting your loved one, minimising disruption to daily life.

Visibility of the care you receive



Our digital platform TrinityConnect enables us to proactively monitor and manage the care we provide. Families can see the care plan, care notes and all records relating to the care provided. These are regularly reviewed and updated by carers and care managers via an app, enabling effective monitoring and control. These insights provide families with a much needed and reassuring window into the care their loved one receives.

Local care teams close to you



Whilst we operate throughout England, our live-in care service is delivered locally to you. Our care management team support carers and families on a regional basis, ensuring the highest levels of monitoring and support, whilst ensuring a personalised approach to care delivery.

A fully managed service



With our fully managed service, you can enjoy peace of mind and a hassle-free care experience. Our dedicated team of carers is supported by experienced Care Managers around the clock, ensuring that you receive the highest quality of care. This means you won't have to worry about managing the carer and arrangements yourself.

Our fully managed service takes this burden away, allowing you to spend quality time with your loved one.



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