



'Outstanding' Huntington's Disease Care at Home



Trinity
Homecare
Supporting life's journeys

Huntington's Disease is a complex condition that can gradually affect independence, mobility, and emotional well-being. Having the right care in place early can make a significant difference, helping individuals continue to live well and comfortably at home, surrounded by family, friends and the things they love most.

At Trinity, our care is designed to adapt as needs change, offering reassurance, specialist expertise and compassionate support every step of the way.

Understanding Huntington's Disease

The symptoms of Huntington's Disease often appear between the ages of 30 and 50, though they may begin earlier or later.

Each person's journey is unique, but common challenges can include:

- Cognitive changes such as difficulties with concentration, memory lapses and reduced decision-making ability.
- Emotional changes including depression, anxiety or mood swings that can impact daily life.
- Physical challenges such as involuntary jerking movements, reduced coordination and balance issues.
- Speech and swallowing difficulties that may make communication and mealtimes harder.
- Mobility issues which increase the risk of falls and limit independence.
- By recognising these symptoms early, we can put in place tailored support that makes day-to-day life safer, more manageable and more fulfilling.

What Care Can Involve

Specialist care for Huntington's Disease focuses on supporting both the physical and emotional aspects of the condition. A dedicated carer can provide practical assistance while also bringing companionship and reassurance.

This may include:

- Mobility support: Helping individuals move safely around their home, getting in and out of bed or chairs and ensuring the environment is free of hazards.
- Personal care: Gentle support with bathing, dressing, toileting and grooming, carried out with dignity and respect.
- Nutrition and hydration: Preparing balanced meals, assisting with feeding if required and supporting any difficulties with swallowing.
- Medication management: Ensuring medication is taken correctly and on time, giving peace of mind to both the individual and their family.
- Healthcare coordination: Providing transport and accompaniment to medical appointments, as well as liaising with healthcare professionals.
- Behavioural support: Offering strategies to help manage frustration, anxiety or mood changes linked to the condition.
- Home management: Light housekeeping, laundry and maintaining a safe, comfortable environment.

This combination of practical care and emotional support helps to ease the burden for families while ensuring the individual feels respected, supported and safe.

How Trinity Homecare Can Help

At Trinity, we know that Huntington's Disease affects not only the individual but also their loved ones. That's why our approach goes beyond meeting practical needs, it's about offering emotional support, reassurance and a sense of partnership in care.

Our complex live-in carers can support with:

- Daily mobility assistance, ensuring safety at every step.
- Personal care routines delivered with sensitivity and respect.
- Medication management and support with appointments.
- Companionship to reduce isolation and maintain emotional well-being.
- Help with household tasks, meal preparation and creating a safe home environment.

Every care plan is created in partnership with the individual and their family, so the support provided truly reflects their needs, goals and lifestyle.

Our mission is simple: to help those living with Huntington's Disease remain as independent, safe and comfortable as possible, in the place they love most, their own home.

Talk to us today

At Trinity Homecare, our ultimate goal is to enrich your lifestyle in the comfort and familiarity of your own home. This allows you to live the independent lifestyle that you love without the daunting thought of moving into a care home. We are here to support you with various different forms of live-in care.

Call us now on **0207 183 4884** in confidence for a free no obligation quotation.

Support from Trinity Homecare

At Trinity Homecare, we have been providing our high-quality live-in care service trusted by families across England for over 25 years.

Our multi award-winning care is focused on enabling independence and enriching lives, so that people can stay safely and happily in the comfort of their own home and avoid a disruptive move into a care home.

Families benefit from reassurance and peace of mind that their loved one is receiving the very best care provided by a dedicated team of carers.

Here are a few reasons as to why our clients choose Trinity Homecare:

Live-in care rated 'Outstanding'



Our established service is regulated by the Care Quality Commission (CQC) in England and has achieved the highest 'Outstanding' rating for the quality of care we provide. Only 4% of home care companies in England have achieved this rating.

This means that you can be assured that you are receiving the very highest standards of care at home.

A responsive and flexible service



We appreciate that circumstances may mean you need to put care in place quickly. Our expert care team can set up live-in care in as little as 24 hours, sometimes sooner.

We will work with you and your family to ensure you have the right care team in place exactly when you need it.

A trusted homecare service



We know how important trust is when choosing a live in care provider.

Many of our families, who trust us to provide high quality care to their loved ones, have happily shared their experiences of our service on the rate and review websites like homecare.co.uk, giving us a 5 star rating.

Continuity of care



We have a dedicated team of carers some of whom have been working for Trinity for many years. This means they are committed to us, as we are to them which means they stay with us longer.

For families this means that you get continuity and consistency of carers supporting your loved one, minimising disruption to daily life.

Visibility of the care you receive



Our digital platform TrinityConnect enables us to proactively monitor and manage the care we provide. Families can see the care plan, care notes and all records relating to the care provided. These are regularly reviewed and updated by carers and care managers via an app, enabling effective monitoring and control. These insights provide families with a much needed and reassuring window into the care their loved one receives.

Local care teams close to you



Whilst we operate throughout England, our live-in care service is delivered locally to you. Our care management team support carers and families on a regional basis, ensuring the highest levels of monitoring and support, whilst ensuring a personalised approach to care delivery.

A fully managed service



With our fully managed service, you can enjoy peace of mind and a hassle-free care experience. Our dedicated team of carers is supported by experienced Care Managers around the clock, ensuring that you receive the highest quality of care. This means you won't have to worry about managing the carer and arrangements yourself.

Our fully managed service takes this burden away, allowing you to spend quality time with your loved one.



Trinity Homecare
2nd Floor Central House
1 - 15 Central Road
Worcester Park
Surrey
KT4 8EG

0207 183 4884
trinityhomecare.co.uk